



Utah Parent Center
Special needs, extraordinary potential



The Utah Parent Center & Nebo School District present **TWO** Zoom workshops for parents of children with special needs in one night!

Parents can choose to join one or both workshops. Just register at the link below!



6:30 PM

“Tips to the BEST parent/teacher communication.”

Ever felt frustrated with your communication with teachers? Do you want to learn how to voice your concerns and respond to comments in a more “professional way?” What ARE the best ways to communicate with teachers? Join other parents who want to learn tips and techniques to “communication” success!

7:45 PM

“Dealing with Anxiety during COVID for parents/kids!”

Covid-19 has brought on a lot of “new” anxieties for parents and children alike who may have already been dealing with Anxiety in the first place, especially if your child has special needs! Come learn about Anxiety, what you can do about it, and how to help deal with anxieties in healthy ways.



Live via ZOOM

Thursday, November 19, 2020

Register at: <https://bit.ly/3n4Rn6a>

After you have registered, you will receive a link to the Zoom Meeting that will be held LIVE on November 19th.

For more information or questions, contact
heidi@utahparentcenter.org or by phone/text at 801-228-8144